



Sandi van Zyl
Dietitian

COVID-19 POLICY

Kindly note the following:

Clients are requested to please:

- Re-schedule your appointment if you're feeling unwell or showing symptoms including a fever, sore throat, cough and/or shortness of breath.
- Re-schedule your appointment if you've been exposed to someone with COVID-19 (whether symptomatic or not). It is important that you self-isolate for 14 days following exposure.
- Sanitize your hands prior to and following your consultation.
- Wear a suitable face mask for the full duration of your consultation.
- Remove and leave your shoes at the entrance of the room for the duration of the consultation.

Thank you for your co-operation.